

“Tick tock we can’t stop the clock!”

By Roberto Bruno

Tick tock... every time the hands of the clock move we are slipping into the future. Ah yes! The future. People have always been intrigued with the future. This is how palm readers and fortune tellers stay in business. The question we want answered is “what does the future hold?” For many of us we find that question troubling because we immediately think, “will we have money for the bills? Will my body heal? Will this relationship last?”

Jesus said in Matthew 6:25 *“Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?”* Isn’t life more than material things? Yes! I have learned the things that money can’t buy are more precious. Love and friendship is priceless. Happiness and contentment is contained in a baby’s smile, an arm around your waist, and a deep conversation with someone you trust. There is no price on character, morality, loyalty, and faith. The Apostle Paul said, *“...for I have learned in whatever state I am, to be content.”* Philippians 4:11.

Worrying doesn’t change anything. There is nothing gained by fretting... *“Which of you by worrying can add one cubit (18 inches) to his stature?”* Matthew 6:27. For those of us who are control freaks we have to face it, “There’s nothing we can do!!” This is why we need to take our eyes off the situation and *“...seek first the kingdom of God and His righteousness, and **all these things** shall be added to you.”* Matthew 6:33. All what things? All the needs in the future that we don’t have control over. Our focus should be on Jesus and He will work out the rest. Jesus will provide the money, healing, or the comfort we so desperately need.

Our lives are like steam that is here for a little while. We really do not know what tomorrow holds. Instead of worrying we should say *“... If the Lord wills, we shall live and do this or that.”* James 4:15. Change your worrying into trusting. Pass the future over to Jesus so your arms can be free for more important things like hugging someone’s neck, laughing at a silly joke or sitting peacefully with a cup of tea. Jesus said *“Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.”* John 14:27

